

NICE - NIZZA

12 - 16 Settembre 2022



Life Coaching for Happy Teachers
Happy Teachers for Better Students

Coach: Natalie Croome

Insegnanti: 12 (Germania, Polonia, Bulgaria, Estonia, Italia)



by Ennio Poloni

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 10:00	Welcome Introductions, Course Overview & Learning Outcomes Saturday Excursions	Emotional Intelligence & Emotional Regulation Classroom Climate A List of Emotions	A strengths-based perspective .The power of identifying and celebrating our strengths	Active Listening- THE coaching tool Paraphrasing & being an "audio mirror" Solution-focused	Teachers issues present & discuss. The Clinical Protocol for Collaborative Problem Solving
10:00 - 10:20	Break	Break	Break	Break	Break
10:20 - 11:50	Participant Presentations, Goal Setting, Professional Learning Outcomes, Burning Questions	Professional Conversations - Coaching Techniques and Professional Protocols	Appreciative Inquiry: why strengths are more powerful than weaknesses in driving change	Work-life balance is possible! The Healthy Mind Platter.	Reflection and sharing of learning Feedback: Traffic Lights and Participant Feedback Form
11:50 - 12:00	Break	Break	Break	Break	Break
12:00 - 13:00	What is a Happy Teacher? What does happiness look and feel like in schools?	Active Listening & Problem Solving. The Probing Protocol Introduction to Mindfulness practice	Success Analysis Protocol - Celebrating Success Mindfulness practice	Time Management Strategies - Eisenhower Matrix & other perspectives Mindfulness practice	Review Burning Questions, Goals and Learning Outcomes Closing Ceremony and Certificates

*Everything changes, so
teaching should change,
too!*

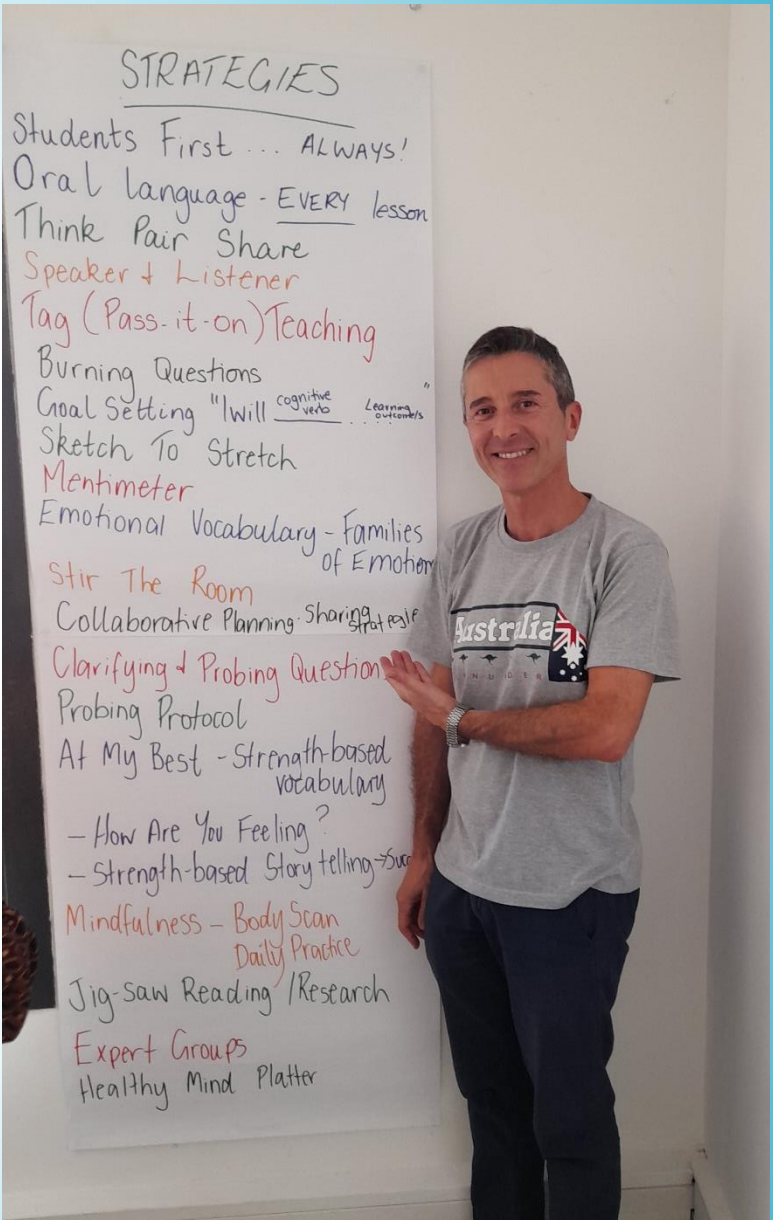
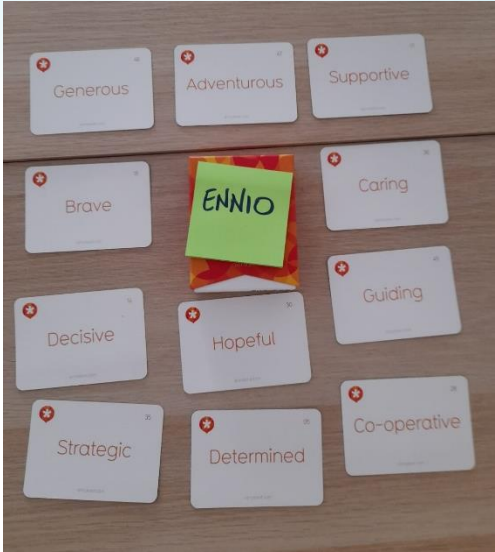
*Teachers are very good at
speaking, less at listening.*



*We teach not only to the
students' heads but also
to their hearts.*

*Feedback is fundamental,
but encouragement is more
important than praise.*

*Acknowledge emotions,
because trapped emotions
cause disease.*

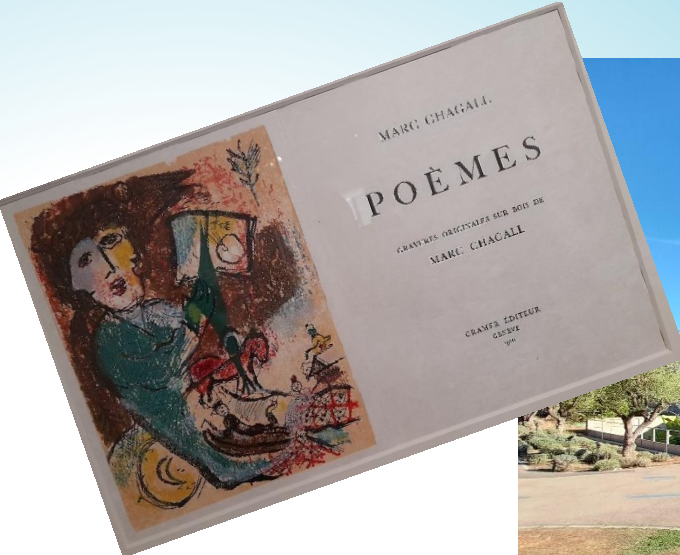
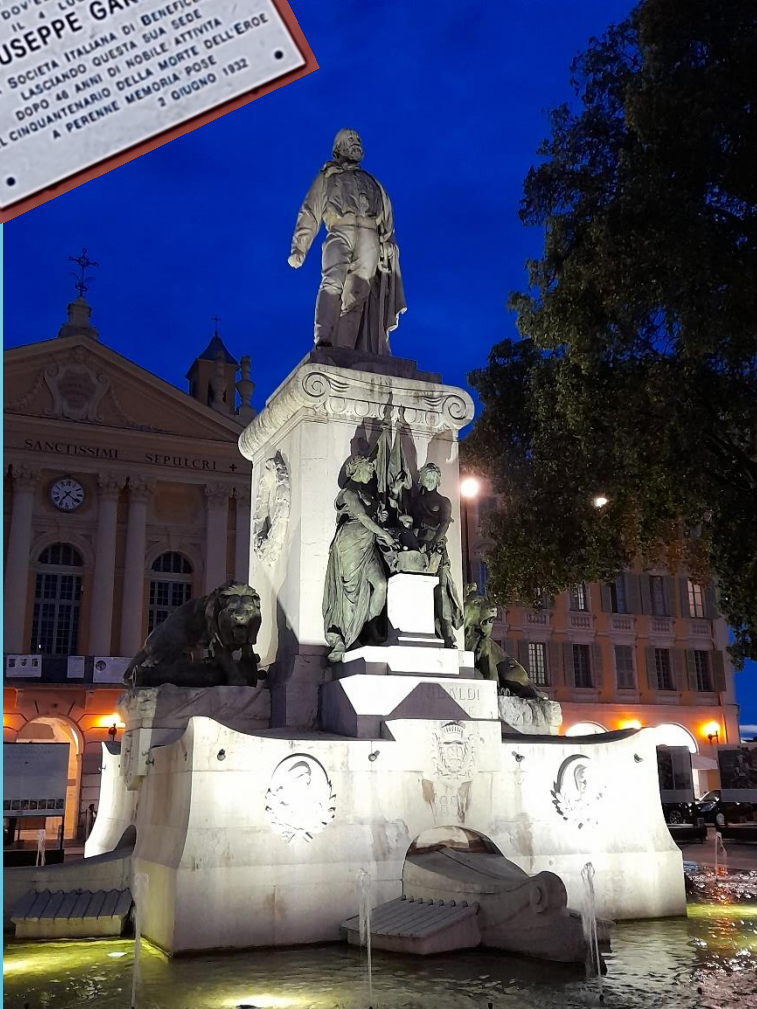


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• QUI DI FRONTE ERA LA CASA
DOVE EBBE I NATALI
IL 4 LUGLIO 1807
GIUSEPPE GARIBALDI
LA SOCIETÀ ITALIANA DI BENEFICENZA
LASCIANDO QUESTA SUA SEDE
DOPO 46 ANNI DI NOBILE ATTIVITÀ
NEL CINQUANTENARIO DELLA MORTE DELL'EROE
A PERENNE MEMORIA POSE
2 GIUGNO 1932



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